

CENTRE INFORMATION: The Centre has a very informal, positive and friendly atmosphere, encouraging everyone from the local community to return to learn in the heart of the city.

CRÈCHE FACILITIES:

SWC Crèche is committed to providing a safe, educational, stimulating and secure environment for all children. Crèche leaders are fully qualified and the facility is inspected by OFSTED. Crèche places are available not only to mothers but to all carers of children under the age of 5yrs.

Crèche Costs

£2.00 per child per session

Remember to book your childcare at enrolment.

Sensory Play and Messy Play sessions

Enjoy a range of activities with your child at our new stay and play sessions. Dates to be confirmed.

£3.00 per child.

Follow us on Facebook and Instagram for information about new courses that start throughout the year.

SWC is funded & supported by

The 29th May 1961 Charitable Trust
The Womens Fund
The Kellett Fund
Garfield Weston
Curtin PARP
Karbon Homes
The David Family Foundation
Darlington Building Society
The Access Group Foundation
The Goodmans Foundation
Barchesters Charitable Foundation



**SUNDERLAND
WOMEN'S
CENTRE**

Learning Opportunities for
the Community

Enrolment week

15th—18th April 2024

10am–12pm & 1pm–3pm

Courses Commence

22nd April 2024

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Charity No. 1108695

Company No. 5252285



Wi-Fi in our community



MONDAY	
PSYCHOLOGY: A study of mind and behaviour and what makes us who we are.	10:00-12:00
MENOPAUSE CAFÉ: Peer led. Come along and share you experiences	10:00-12:00
CRIME: An insight into the world of serial killers.	1:00-3:00
JIGSAW CLUB: Peer led social group	1:00-3:00
DROP IN CRECHE: Enjoy a cuppa and chat with other parents/carers while your child enjoys a play session.	1:00-3:00
TUESDAY	
BASIC COMPUTERS: Beginners guide to using computers and the internet.	10:00-12:00
FLOWER ARRANGING AND CRAFT WORKSHOPS: A range of seasonal craft sessions including flower arranging, felting, card making etc.	10:00-12:00
BRUSH UP MATHS : Improve your basic Maths skills.	1:00-3:00
CHIT AND CHAT: Peer led social group with mindful colouring.	1:00-3:00
WEDNESDAY	
BASIC ESOL: Pre-entry reading, writing, speaking and listening.	10:00-12:00
DIGITAL SKILLS: Learn your way around a computer.	10:00-12:00
ART GROUP: Peer led social group. Bring along your own projects.	10:00-12:00
BRUSH UP ENGLISH : Improve your basic literacy skills.	1:00-3:00
HISTORY: A look through the times and changing history.	1:00-3:00
STITCH AND KNIT: Peer led social group.	1:00-3:00
THURSDAY	
BASIC ESOL: Mixed group for men and women.	10:00-12:00
ACCESS TO LAPTOPS: Come and use our wi-fi and laptops for any job applications or form filling you may need to do.	10:00-12:00

**You must attend one of the enrolment sessions to secure your place.
Enrolment fee £3 per course**

Some of our courses have fees attached. Please check at enrolment for any fees.