

CENTRE INFORMATION: The Centre has a very informal, positive and friendly atmosphere, encouraging everyone from the local community to return to learn in the heart of the City.

**Enrolment fee £3.00 per course
(non refundable)**

CRÈCHE FACILITIES: SWC crèche is committed to providing a safe, educational, stimulating and secure environment for all children. Crèche leaders are fully qualified and the facility is inspected by OFSTED.

Crèche places are available not only to mothers but to all carers of children under the age of 5yrs.

**Crèche Costs
£2.00 per child per session.**

You must attend one of the enrolment sessions to secure your place.

**Remember to book your childcare
at enrolment.**

SWC is funded & supported by

**The 29th May 1961 Charitable
Trust**

The Women's Fund

Garfield Weston Foundation

Hadrian Trust

The Linden Family Fund

Sherburn House Charity



SUNDERLAND WOMEN'S CENTRE

**Learning Opportunities for
the Community**

Enrolment week

16th—19th April 2018

10am to 3pm

Courses Commence

23rd April 2018

8 Green Terrace

Sunderland SR1 3PZ

Tel: 0191 5677495

Email: swc@btconnect.com

www.sunderlandwomenscentre.co.uk

Charity No. 1108695

Company No. 5252285

All courses are 10 weeks

MONDAY

| | | |
|---|----------------|-------------|
| Intro to Working with Children: A pre-employment course for anyone thinking about a career in childcare. *Enrol 19th April | Free | 10.00-12.00 |
| Cross Stitch, Knit & Natter: Bring your own craft projects. | £2 per session | 1.00-3.00 |
| Health & Social Care: A pre-employment course for anyone thinking about a career in Health & Social Care settings. *Enrol 19th April | Free | 1.00-3.00 |

TUESDAY

| | | |
|--|----------------|-------------|
| Psychology of the Self: Learn about our sense of personal identity & of who we are as individuals . | £2 per session | 10.00-12.00 |
| Basic Literacy Skills: Improve your literacy skills, grammar, spelling etc. & improve your job prospects. | Free | 1.00-3.00 |

WEDNESDAY

| | | |
|--|----------------|-------------|
| Be Confident, Stay Confident: Being more assertive & increasing self esteem. | Free | 10.00-12.00 |
| Basic Numeracy Skills : Improve your Maths skills & improve your job prospects. | Free | 1.00-3.00 |
| Essential Computers: Sunderland College: Learn computer basics & gain a qualification, also enhances skills for the work place. | Free | 1.00-3.00 |
| The Suffragettes: Women pioneers of science & medicine before & during WW1. | £2 per session | 1.00-3.00 |

THURSDAY

| | | |
|---|----------------|-------------|
| Understanding Behaviour that Challenges: Gain a qualification with an introduction to working with challenging behaviours. *Enrol 19th April | Free | 10.00-12.00 |
| ESOL for Absolute Beginners: Improve your Speaking & Listening skills. | £2 per session | 10.00-12.00 |
| Employability Skills: Improving knowledge and skills required for obtaining and keeping employment. *Enrol 19th April | Free | 1.00-3.00 |
| Art Group: A group for any level of experience, using any media. | £2 per session | 1.00-3.00 |